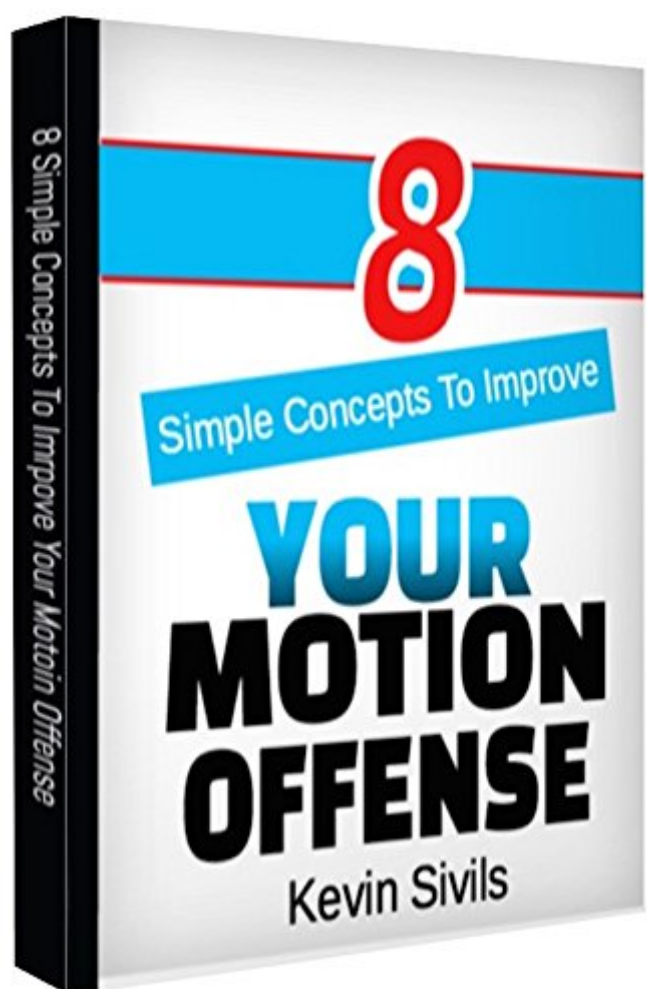


The book was found

Eight Simple Concepts To Improve Your Motion Offense (Building A Winning Basketball Program Series Book 9)



Synopsis

One of the most popular forms of offense, basketball's motion offense can be highly effective. Like any other offense, it can have some problems. This short book provides eight (actually more than eight) concepts designed to help the coach of a motion offense team improve the team's ability to execute motion offense. The author, Kevin Sivils, has won 479 career varsity wins in his career. All of those wins as a head coach utilized motion offense as the half court offense his teams utilized. The concepts in this short book address some common issues motion offense teams have including:-- ineffective screening-- lack of movement-- shot selection. Motion offense is a great system of play. It allows a great deal of versatility and is fun for players to execute. It does require patience on the part of the coach and the ability to deal with the common problems that crop up with motion offense. The concepts in *Eight Simple Concepts to Improve Your Motion Offense* can help any motion team be more successful.

Book Information

File Size: 452 KB

Print Length: 38 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 2, 2014

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00MD66SCS

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #341,511 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Basketball #112

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Customer Reviews

I'm a huge fan of Coach Sivils' writings - thoughtful, clear, concise, winning recommendations. In

"Eight Simple Concepts", he identifies the skills essential to motion offense, including establishing DRIBBLING RULES. In a real sense, this book also introduces his "Blocker Mover Motion Offense." Coach Sivils not only tells you (and by inference your players) what to do, but how and why to do so. This encapsulates the wisdom "good players need two dribbles, excellent players one, and elite players none." He discusses the whys and why nots of spacing, cutting, screening and passing. He reminds players MAKE THE DRIBBLE TAKE YOU SOMEWHERE and MOVEMENT KILLS DEFENSES. Any player or coach who embraces these teaches, really following them, will enjoy more basketball success.

This is the second book I've read by coach Sivils and I have to say I've learned a lot in a short amount of time. It only takes 30 to 45 minutes to read some of his books and I finished a with different more complete understanding of the game. Highly recommend for beginner coaches, such as myself.

Great intro book to helping coach youth basketball. The motion offense is an excellent system for youngsters and this book breaks it down well.

Covered key points to guarantee your motion offense is a success. Especially liked the brevity of the bookall meat no fluff

Great!

Short and simple

Good sets fundamentally easy to follow

Same as dribble drive. If you know the dribble drive concept then don't waste your time. If not then it may be useful

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